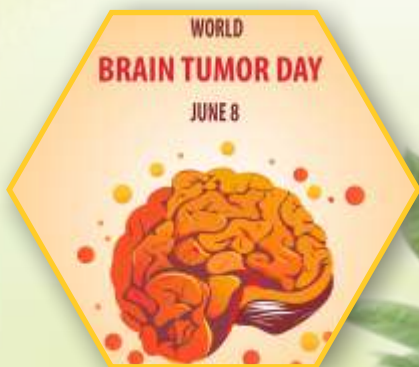




# IMA FOCUS

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**Speaks On 23rd of Every month**  
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**EDITORIAL BOARD****PRESIDENT**

**Dr. S Srinivasa**  
93412 38129  
drsrinivasa7@gmail.com

**EDITOR**

**Dr S M Prasad**  
98451 05122  
smprasad63@gmail.com

**SECRETARY IMA FOCUS**

**Dr. Siddalingappa G**  
9845319315  
siddalingappa1234@gmail.com

**HONORARY TREASURER**

**Dr Vijayasaradhi A**  
95351 56734  
dravs73@yahoo.com

**EXECUTIVE EDITORS**

**Dr B P Karunakara**  
9845263322 / 9606034325  
bpkaruns@gmail.com

**Dr. Shivakumar B Lakkol**  
9448560400 / 9606034326  
sblakkol@yahoo.co.in

**CO-EDITORS**

**Dr K.G. Shankarnarayana**  
98450 65527  
drshankey@yahoo.com

**EDITORIAL BOARD**

**Dr Ravindra R**  
98450 34546  
dravindra@sugunahospital.com

**Dr. Aravind Patel**  
9448918764  
draravindpatel@gmail.com

**Dr. Soumya Y J**  
9845222245  
soumyayjis@gmail.com

**Dr. Dinesh Hegde**  
9448153406  
mahalaxmisrs@yahoo.com

**Dr. Harish Delanthebattu**  
9844025552  
drharishad@gmail.com

**Dr. ShriShailesh Amarkhed**  
944815525  
drshrishailesh@yahoo.co.in

**Dr. R. Jyothi Swaroop**  
9844190463  
drswaroop@yahoo.com

**Dr. Mallikarjun Panshetty**  
9243230100  
mpanshetty@gmail.com

**STATE OFFICE BEARERS**

**Dr. V.V. Chiniwalar**  
9448122978  
drvc2011@gmail.com

**Dr. M.N. Rajagopal Setty**  
9448052256  
drajagopalsettymn@gmail.com

**Dr. Kiran Deshmukh**  
9845279693  
drkirandeshmukh8@gmail.com

**Dr. Pavankumar Patil**  
6364149150  
drpavanpatil@gmail.com

**Dr. A. Savithri**  
9448237716  
savithrilakshmi.kanth@gmail.com



# Editorial

From the Desk of  
**Prof. Dr. S.M. Prasad**

**Dear seniors, colleague and friends,**

## Greetings from the Editorial board of IMA FOCUS!!

At last, we have experiencing excellent cool weather and it has started raining on many days across Karnataka. With the present scenario we as health care professionals, expected to come across dengue cases, gastro enteritis, viral infections, etc. Simultaneously we need to take care of our families' health as we are getting exposed at first contact itself.

This May month we celebrated Laborer's day, Basava Jayanthi, Buddha Poornima. In the month of June, we need to look at World environment Day (5th June 2024); World food safety Day (7th June 2024, World Brain Tumor Day (8th June 2024); World Day Against Child Labor (12th June 2024).

As we start moving in our medical life we need to understand better with our colleague at work i. e. for better doctor-doctor relationship. MCI also had elaborated "I will treat my colleague with all dignity and respect to maintain honor and noble traditions of medical profession. Means to say "Don't run down peers". It should be of friendship and cooperation.

Doctor-doctor relationship has clear importance and indirect contribution in boosting confidence of patients. Every doctor whether a family physician or a specialist is likely to need advice or help him/her colleague. Sometime, doctor is called upon to help a colleague with suggested by a treating doctor or request by a patient or his relatives. Such consultations to be of more justice to the betterment of the patient. The concerned doctors should discuss to decide what is right. Doctor should behave well with his colleagues. Doctor should need to look into unambiguous statements & words, to avoid any misinterpretations. Doctor who provided help to a primary treating doctor should refrain from direct contact with the patient. This kind of attitude boosts the patient confidence of patients and improve the image on the medical professionals. No doubt this also create a win-win situation for doctors and community.

**Jai Hind**

**Jai Karnataka**

**Long Live IMA**







# President's Message

**Prof. Dr. Srinivasa. S**

## *Greetings from IMA KSB.*

My hearty condolences to Dr Divesh Garg, 1st year Paediatric PG who committed suicide due to depression. I request all the faculty, principals and management to avoid such circumstances.

It's my duty to thank all the presidents and secretaries of local branches for distributing health manifesto to all MP candidates of our state irrespective of the political party.

I have to thank immensely to president and secretaries of IMA Bangalore branch, IMA Yelahanka branch, IMA Gangavathi branch, IMA Koppal branch, IMA Belagavi branch, IMA Kundapur branch, IMA Gulbarga branch, IMA Athani branch, IMA Bellary branch, IMA Bagalkot branch, IMA Vijayapura branch, IMA Mysore branch, IMA Dharwad branch, IMA Bidar branch, IMA Chitradurga branch for accepting our request and worked really hard in submitting the health manifesto. Same process has to be continued after the election results.

I expect all the presidents and secretaries of the local branches to meet the elected members and should congratulate them, should remind them about previous visits and convince them to involve very actively in sorting out of our IMA demands like,

- Maintain the purity of modern medicine
- Stop violence against the doctors
- Exempt small and medium hospitals upto 50 beds and clinics from the clinical establishments.
- Remove GST on illness, taxing the sick for falling ill is illegitimate.
- There is no criminal intent in any treatment procedure. Criminal prosecution of doctors is self defeating.
- Defensive medicine affects patient care and the cost.
- To maintain the integrity of Doctor-Patient relationship.
- Protect the girl child starting from womb itself.
- Restrict Ayushman Bharat-PMJAY to strategic purchase from the private sector alone.

I should thank Bhadravathi IMA team, president, secretary and Dr Harish Delanthabettu for accepting to conduct 875th SWC and 310th state counseling meeting in fantastic way with good hospitality.

You all know we have appointed election committee chairman and members, Dr.V.Vikas, Dr Somashekar, Dr Sunita Karadagi, I hope they do their duties honestly, sincerely without any hurdles.

This month we had so many international days like,

- **Labour Day**
- **International laughters day**
- **International Thalassemia day**
- **International Mother's Day**
- **International Nurses day**
- **International Lupus day**

We have received reports from local branches for conducting these programmes, I am very thankful to IMA office bearers of local branches those who have involved in these celebrations.

I should thank all subcommittee members like Kannada barahagarara vedike Chairman Dr Veena, IMA AMS chairman Dr Geetha Doppa, public health committee Dr Padmaprakash and Dr Rajendra Prasad, and Dr Manupreet Kaur for her talk on HPV Vaccination, Dr Anuradha Paramesh organised webinar on PCPNDT at KGLD branch, Dr Dinesh Hegde for his great contribution towards social events at Sirsi.

We have received request letter from IMA JDN (Junior Doctor Network) request letter with respect to fixed working hours for the resident doctors and weekly off, no compulsion to stay in hostel and to take food from hostel mess, so my personal opinion regarding this is that it depends upon the individual college management and I request all the faculty, Dean and principals and management to work hard in sorting out all the problems pertaining to postgraduates with mutual cooperation we can prevent the suicidal deaths among young, dynamic and budding doctors. I request all local IMA branches to collect remaining GST amount and submit to KSB as early as possible.

**LONG LIVE IMA**

Good health is not just the absence of illness, but the presence of vitality.



## Secretary's Message

Dr. Karunakara B.P.

Dear all,

### ***Greetings from the IMA KSB !***

The month of May remained calm at KSB. Focus was on clearing the pending works and planing upcoming future activities. Hope the members enjoyed their time with family at summer vacation for the students. We also believe that most of our members have voted in the recently concluded parliamentary elections.

As per the decision taken at the working committee and the council meeting at Bhadravati, letters were sent to the newly nominated retiring officers for the forthcoming elections. In the forthcoming working committee meeting slated in the middle year of June, notification will be issued and the elections works will be handed over to the election commission.

Doctor's day awards notification has been issued and applications have been invited from the interested members. The award committee has been informed of the timeline for completing the process and submits the report. Award committee will meet in the second week of June and select the awardees. As per the new guidelines adopted last year, there will be 12 awards including 4 awards for women members.

**IMA HEALTH MANIFESTO & CHARTER OF DEMANDS:** IMA KSB has been able to reach out to candidates in every constituency. It was a wonderful work by the local branches and everyone deserves applause! HQ has appreciated the our work.

**GST:** The work has slowed down and needs to improve.

**President monthly talk:** President recollected the various important events happened over the month and discussed. Members actively participated and contributed to the discussion and decision making.

**Public health committee** has continued its good work!

IMA KSB Kannada Barahagarara Balaga is going strong with regular weekly webinar activities and is well appreciated. Kannada Vaidyakiya Shahitya Sammelana has been planned at Belagavi in the month of August. Work has begun for delivering a memorable Sammelana! Dr. N. Somehswara of THAT ANTHA HELI fame has been chosen as the CHAIR of the conference.

Recent pre-monsoon rain has brought cheers and relief from the scorching heat of an unforeseen hot summer. Good monsoon, as predicted, should help things improve further. Wishing a Great Monsoon Season!

World no Tobacco Day on 31 May was celebrated by the local branches with many public awareness activities. The works of IMA Dharwad, IMA Hubli and IMA Mandya were outstanding.

June 2024 is lined up with important working committee meetings to choose awardees of doctor's day and initiate the process of upcoming IMA KSB election and discussion on hosting the proposed national consultation on doctor-patient relationship and consumer protection act at Bangalore. Of course,

preparing for the much awaited Doctor's day celebrations will be a major work..

Innovation is the lifeblood of an organization. Knowing how to lead and work with creative people requires knowledge and action that often goes against the typical organizational structure. Protect unusual people from bureaucracy and legalism typical of organizations.

**Max De Pree**

*American Business man and Writer*

**Jai Hind!**

**Jai Karnataka!**

**Long live IMA!**

## Kind Attention

Dear Esteemed IMA Member, Kindly Deposit the requested IMA Life Membership GST Amount of **Rs. 700/-** for single life and **Rs. 1100/-** for couple life to the following IMA KSB Account (if you have not paid the IMA life membership GST Amount) as soon as possible.

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**Prof Dr. S. Srinivasa,**  
President

**Dr. Karunakara B.P.**  
Hon. State Secretary

**Dr. A. Vijayasaradhi**  
Hon. Treasurer

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## Women Vice President's Message

Dr. A. Savithri

### Greetings from IMA-KSB

Under the guidance of the IMA President, the IMA KSB programs are running successfully. With the approval of IMA -KSB, a Hassan branch organized a unique Kannada film song singing competition 'SWARANJALI' for doctors and their families. This event was distinct and exceedingly successful.

Participants from various districts participated enthusiastically. The event was highly appreciated by all.

Several programs were organized to protect women's health. Important ones among them are:

1. Free PAP smear and breast examination camps were conducted at Buvanahalli primary health center. 60 women were subjected to PAP smear.
2. A free health check-up camp was organized at AVK College, Hassan. Adolescents were examined and awareness was given on anemia and menstruation. A free

PAP smear test was conducted for the lecturers.

Those who found problems in these tests were given guidance on further treatment and check-ups.

3. In order to make the public aware about health, Jathas about cervical cancer and obesity were organized.

For the sake of health care of the public, I suggest that more and more programs should be organized by IMA in all the districts.

An awareness rally and workshop on HPV vaccine is organized by Hassan IMA and other organizations on 31-5-2024.

Doctor's Day is coming closer. Hassan IMA is planning to organize a number of cultural programs for doctors and a free mammography camp for women on the occasion of doctor's day.

I request all IMA members to celebrate Doctor's Day with great enthusiasm and success.

LONG LIVE IMA



### Obituary

Dr. P. Keshva Bhat  
Bangalore



# BRANCH ACTIVITIES

**Branch :** Bagalkot  
**President :** Dr.Arun Miskin  
**Secretary :** Dr.Pramod Mirgi



On 26.05.2024 CME programme was conducted. In association with UAIMS Sangli team. Topic: (1) . "bridging gap between urban and rural health care" by Dr vikas Gosavi (2). "Paediatric critical care recent updates" by Dr vinayak Patki, (3) . "congenital heart disease" by Dr srikant Mane and (4). "Minimally invasive cardiac surgery" by Dr Amol Boje. Dr Arun T Miskin sir gave welcome address and Dr Pramod Mirgi gave Vote of thanks.. IMA members from Bagalkot district attended the programme..

**Branch :** Bengaluru  
**President :** Dr.L.Madhushankar  
**Secretary :** Dr.M.Mohan Kumar



**On 24th April 2024:** World Malaria Day, was celebrated by Dr. Sathyavathi K and Dr. Rajasree M B at Srirampuram UPHC. WDW chairman Dr. Anusuya S and Dr. Hemalatha B C Secretary conducted World Malaria Day in Tavarekere PHC. On 27th April 2024: Dr. Madhushankar L IMA Bangalore Branch President and EC members attend 310th State Council Meeting at Bhadravathi on 27.4.2024. On 29th April 2024: Dr. Mohan Kumar M IMA Bangalore Branch Secretary, Treasurer Dr. Anantha Ramaiah T and EC member Dr. H C Ramesh went to GST office Koramangala on 29.4.2024 for clarifications. On 3rd May 2024: 8th EC meeting of IMA Bangalore Branch held on 3rd May 2024.

Dr. Madhushankar L - IMA BB President Dr. Vijayanand Vice President, Dr. Mohan Kumar M Hon. Secretary, Dr. Tirthankar M Joint. Secretary Dr. Anantha Ramaiah T Treasurer and other office bearers attended the meeting held at IMA House, A V Road, Chamarajpet, Bangalore. On 8th May 2024: Cervical Cancer screening camp conducted at Srirampuram uphc by Dr. Sathyavathi and Dr. Anuradha. 14 members were counselled and PAP smears were taken. On 8th May 2024: IMA Bangalore Branch EC member Dr. Mamatha conducted Health camp in Narashima Raja. ladies' Hostel. Adolescent problem was discussed and health checkup done. On 9th May 2024: Dr. Mohan Kumar M IMA Bangalore Branch Secretary donated Rs.15000/- towards Public Health Guest Lecture program to be conducted every month in memory of his parents Late Srimathi Nanjammani and Sri K Mahadevaiah. On 9th May 2024: Adolescent health awareness was given at Srirampuram UPHC for 13 children. Attended by Dr. Vimochana and Dr. Sathyavathi. On 10th May 2024: IMA Bangalore Branch ladies' wing Chairperson Dr. Anusuya S and Dr. Hemalatha B C Secretary celebrated National lipid day Celebration at BBMP H Siddaiah road referral hospital. On 17th May 2024: Awareness programme on World Hypertension Day was conducted at Wilson Garden hospital, Bangalore on 17.5.2024 by WDW Chairperson Dr. Anusuya S and Dr. Hemalatha B C, Dr. Anusuya gave awareness program in regarding world hypertension day "Measure your Blood Pressure Accurately, Control it, Live Longer" This day to increase Awareness about Hypertension and Promote Prevention Detection, and control of High Blood Pressure, which is a Major risk factor for Cardiovascular Diseases and Premature Death Globally. On 19th May 2024: 6th Public Health Guest Lecture (PHGL) was conducted by IMA BB in association with Cardiological Society of India-Bangalore Branch and Medical Education & Research Trust, Bangalore at the IMA Auditorium, IMA House Bangalore at 4. 30PM. This program was attended by 62 persons, under the leadership Dr. Mohan Kumar M, Hon. Secretary IMA Bangalore Branch, Chairman Dr. Mamatha M, PHGL Co-Chairman Dr. A S Venkatachalapathy, Dr. H C Ramesh, Dr. Mahesh K M, Dr. H G Suresh EC member were present. Number of speakers: 2. Dr. B R Muralidhara, Chaiman and Chief Cardiology Trinity Hospital and Heart foundation asavanagudi Bangalore gave a talk on "Heart attacks in young Do's and Don'ts". Dr. Mahesh K M Assistant Professor, and ICU In charge Victoria Hospital, BMCRI Bangalore gave a talk on "How to live longer" Dr. Mohan Kumar M Hon. Secretary felicitated both the speakers with a Memento and Certificate. Every Saturday: IMA Bangalore Branch is conducting Free Medical checkup Camp in association with TTD Vyalikaval, Lions Club, Apollo Hospital and Srinivasa Health Care at TTD,



Vyalikaval, 80 People attended the camp. Screened for Diabetes & Cardiac camp at TTD Devastanam Bangalore Lions club.

**Branch :** Bhadravathi  
**President :** Dr.R.C.Bengaluru  
**Secretary :** Dr.Sushith Shetty.S

A CME was conducted on Saturday, April 27, 2024 at VISL guest house, Bhadravathi. Dr. Praveenkumar Devarbhavi, MBBS, MD (General Medicine), DM (Endocrinology), Consultant Endocrinologist in Shivamogga, delivered a lecture on "Newer Therapies for Diabetes Management" during this event. It was well appreciated. Our esteemed



guests, including President IMA-KSB, Dr. S Srinivas, Honorary Secretary Dr. B P Karunakara, Immediate Past President Dr. Shivakumar B Lakkol, President Elect Dr. Chiniwalar, along with members from the State Working Committee, State Council, and Central Council, graced the occasion. Dr. R C Bangalore, President of IMA Bhadravathi, presided over the event and extended a warm welcome to all attendees. The session commenced with the recitation of the IMA prayer by Dr. Sushith S Shetty, and concluded with a heartfelt vote of thanks from Dr. Ramachandra Kamath, the Treasurer of IMA Bhadravathi, while Dr. Harisha Delanthabettu aptly compered the program. Furthermore, on Sunday, April 28, 2024, we had the privilege of hosting the 875th State Working Committee Meeting & the 310th State Council Meeting of the Indian Medical Association, Karnataka State Branch, at Buntara Bhavana, Bhadravathi. We extend our heartfelt gratitude to the President and members of State Working Committee, IMA-KSB for giving an opportunity to host the event. We are sincerely thankful to all members who traveled from across the state to participate and for graciously accepting our hospitality. Special appreciation to Dr Honne Gowda Sir, Dr Yogananda Reddy Sir and Dr. Madhusudan Sir for their invaluable guidance and support.

**Branch :** Dharwad  
**President :** Dr.Sathish Irkal  
**Secretary :** Dr.Kiran Kulkarni

On 05.05.2024: Submitted Manifesto of IMA National and State Branch regarding the need of reforms in Indian



Health Care system by the Members of IMA Dharwad to Central Minister Prahlad Joshi. On 06.05.2024 CME Programme was conducted. Topic: "Vascular Surgery: It's role in today's practice" by Dr.Shashikanth Sunil Kini. Thanks to Senior member of the month Dr.Y.N.Irkal for sharing his profession experience.. Thanks to Dr. Mallikarjun Desai for sharing his thoughts on Vascular surgery in the past. Dr.Shashank Kari spoke well and upraised us on recent advances in vascular surgeries. Congratulations to Lucky draw winner Dr.Ravindra Joshi. Totally 30 new members are inducted last month to IMA Dharwad. Welcomed with floral felicitation to Dr.Prajna,Dr.Amrut ,Dr.Tejasvini who had attended the meeting. Special thanks to Bulletin editor Dr.Narasapur and Dr.Roopa for getting 3rd edition of Variola released at the hands of Dr.Mallikarjun Desai. Thanks to Dr.Vani ,Dr.Pramod Chebbi and Miss.Amisha for the wonderful MOC. The CME was followed by Fellowship and dinner. On 25.05.2024 World Malaria Day was observed. Thanks to Dr.Arvind Yeri sir , joint secretary Dr.Suhas for attending today's Malaria Day Program .Mr.Majjigi and Dr.Yeri enlightened the nursing students about Malaria ,causes it's statistics and preventive measures. WDW Dharwad in association with Shreeya College of Nursing conducted an Awareness program for patients of Civil Hospital, Dharwad on the occasion of \*National Safe Motherhood Day\* with beautiful song and play. The video is also being circulated on social media to create awareness on safe Motherhood. Thanks to Dr. Vani Irkal and the students of Shreeya College for their wonderful performance for creating Awareness. On 04.05.2024 Monthly Meeting was conducted in the evening 7 pm at our IMA hall. Today's speaker Mr Babulal Dargad from Hubli spoke on "Labour Welfare in the Health Sector" and related Labour Laws... Our own Dr Kumud Tavergeri, our Senior Guest Dr for this month spoke on giving insights, lifetime experiences and guidance to our youngsters. Dr Tavergeri is the 1st Gynecologist in Dharwad district. Health Minister Shri.Dinesh Gundurao Visits IMA Dharwad Branch on 4th May. IMA Dharwad organized an International CME programme at Krabi islands and over 74 Drs of IMA Dharwad along with their families visited Krabi and Phuket for over 5 days. On 19.05.2024: International Nurses Day was celebrated. IMA Dharwad celebrated International Nurses Day in Shreeya College of Nursing. About 5 Nurses were felicitated

on the occasion and Dr Shridhar Dandapnavar , CMO of Hubli Dharwad Municipal Corporation was our chief guest. Dr Satish Irkal spoke on the importance of Nursing care for the complete wellness of the patients, Dr Kiran Kulkarni secretary of IMA Dharwad gave vote of thanks.

**Branch :** Gadag  
**President :** Dr. G.S.Palled  
**Secretary :** Dr. Chandrashekhar Bellary



On 02-05-2024 Health check up camp by DR Chandrashekhar Bellary Secretary IMA GADAG branch and dr Praveen Sajjanar consulting gynaecologist Gadag. On 14-05-2024 Conducted BOD Meeting at IMA Hall. Meeting was attended by about 27 members. Agenda was Regarding members who have not paid IMA local Branch fees. -Sports meet for Doctors day. On 17-05-2024 conducted CME at IMA Hall at 8:30 pm, CME Topic was "Vertigo, & its Medical management". Dr. K. D. Godkhindi, Senior consultant Physician, Gadag, gave a beautiful talk on the topic. Dr. Prashant Patil, consultant ENT Surgeon gave a talk on ear role in giddiness, demonstrated various maneuver for giddiness/ BPPV. On 30.05.2024 Thursday, conducted CME at IMA hall, Dr. Sunita Kuradagi spoke on Cosmetic Gynaecology. Dr. Shridhar Kuradagi spoke on Laser Proctology. Meeting was attended by about 68 members. On 31.05.24 Created awareness regarding ill effects of tobacco consumption in De-addiction centre.our IMA Gadag Ladies wing President Dr. Sonia Karur spoke on No Tobacco day awareness program at Navjyoti Deaddiction centre. Dr. PyarAli Noorani Participated in "say no to tobacco" rally along with district health administration.

**Branch :** Gangavathi  
**President :** Dr. Veena A.Sathish  
**Secretary :** Dr. Archana Patil

On 27.04.2024: Conducted CME on Cancer Prevention and Management by Dr. Rudresh Tabali, Dr. Milind Shetti, Dr. Srikanth Ravichandran from HCG hospital hubli and over 40 IMA members attended the event. On 22.05.2024 May 12th 2024: Mother's Day celebrated in an anganavadi center in Gangavathi. Post-partum mothers were educated about breastfeeding, contraception and immunisation by obstetrician Dr. Veena Satish. On 17.05.2024: On the



ocation of World Hypertension Day about 70 patients were examined and educated about the importance of diet and exercise by physician Dr. Sharanabasava H. On 20.05.2024 IMA Gangavathi has donated A sum of 50,000 to a student (Kavitha USN 4GW21EC063) who is studying engineering in GSSS Institute Of Engineering and Technology for Women as a financial Support. On 25.05.2024: International Nurses Day was celebrated and A CPR workshop was conducted for nursing students. Anaesthesiologist Dr. Anitha, Dr. Sujatha Aradhya. Physician Dr. Sharanabasava conducted the workshop. Senior IMA Members Dr. A Somaraju, Dr. Veena Satish, Dr. Uma Raju attended the event. On 25.05.2024: CME was conducted on Cosmetic Dermatology and Dermato surgery by Dr. Sindhu Karthik, Dr. Bharath Meka about 45 members were attended the event.

**Branch :** Hubli  
**President :** Dr. Venkatesh V. Mulimani  
**Secretary :** Dr. Anand Varma



On 21st April 2024: The 6th Managing Committee meeting of IMA Hubballi branch for the year 2023-2024 was held at IMA House, Hubballi. Around 65 members attended the meeting. On 27th April 2024: IMA Hubballi Annual CME was held at KIMS Auditorium, KIMS, Hubballi. The CME was inaugurated by Chief Guest Dr. Srinivasa S. President, IMA Karnataka State Branch & Guests of Honor included Dr. S.F Kammar, Director, KIMS & Dr. Ishwar Hosmani, Principal, KIMS. Dr. Venkatesh Mulimani President, IMA Hubballi presided over the function. Dr. S.Y. Mulkipatil Chairman, IMA Annual CME-2024, Dr. Prabhu Biradar Vice President, Dr. Anand Varma Secretary, Dr. Manjunath Nekar Organising, Secretary, Dr. Sheetal Hiregoudar Treasurer



and Dr. Y.M.Kabadi Joint Organising, Secretary were present. Following 10 lectures, including 2 Orations was organised, Dr.Suraj Kubihal, Consultant Endocrinologist, Hubballi spoke on The enigma of persistent hypothyroid symptoms despite levothyroxine replacement LATE DR. SUSHILA P. DATTI ORATION : Dr. Suresh Dugani, Senior Neurosurgeon spoke on Recent advances in Neurosurgery and it's clinical applications for the betterment of humanity DR. S.S HIREMATH ORATION : Dr. G.B.Sattur, Senior Physician and Diabetologist, Hubballi spoke on Updates in the Management of Diabetes. Dr.Arun Bableshwar, Consultant Paediatric Cardiologist, Hubballi spoke on Interventions in Congenital Heart Diseases. Dr. Shreyas Harish Kanakpur, Consultant Orthopaedic, Arthroplasty & Arthroscopy Surgeon, Hubballi spoke on Infection in Orthopaedics. Dr. Shashank Sunil Kari, Consultant Vascular Surgeon & Diabetic Foot Surgeon, Hubballi spoke on Vascular Surgery: It's role in today's practice. Dr. Hari Krishna Mata, Consultant Arthroscopy & Joint Replacement Surgeon, Hubballi spoke on Recent advances in Arthroscopy and Joint preservation surgeries. Dr. Balaji Rao DG, Co-founder-Director, OSAT Knowledge Pvt. Ltd spoke on Finance Management for Doctors. Dr.Arun Yelamali, Consultant Surgical Gastroenterologist & Fitness enthusiast & certified long distance running coach, Hubballi spoke on Fitness For doctors. Dr.R.N.Joshi, Senior Surgeon, Hubballi spoke on Spirituality for doctors. 300 delegates participated in the one-day CME for which Karnataka Medical Council (KMC) approved 2 credit hours. In the evening Gala dinner & banquet was arranged at Cotton County Club, Hubballi. On 30th April 2024: IMA Hubballi Branch in association with IMA WDW Hubballi observed World Hemophilia Day & organized multidisciplinary team meeting involving Haemophilia patients, their caregivers from Dharwad district & local Hemophilia society at KIMS, Hubballi. Dr. S.F Kammar – Director, KIMS inaugurated the event. Awareness talks were arranged for beneficiaries. The session was concluded by distributing fruits and peanut chikkis to all the beneficiaries. Dr. Anand Varma – IMA Secretary, Dr. Bharti Bhavikatti – Chairperson, WDW, other WDW office bearers, Dr. Fattepur, Dr. Sameer Mangalwadhe & other members participated. On 12th May 2024: IMA Hubballi in association with IMA WDW observed International Nurses Day at Tatwadarsha Hospital, Hubballi. Chief Guest Dr. Sanjeev Kulgod inaugurated the function by watering the plant. Chairperson IMA WDW Dr. Bharati Bhavikatti, Secretary Dr.Asha Patil, Treasurer Dr. Shilpa Chatni, Dr. Shashikala Hosamani, Dr. Asha Eligar (Patil) and Dr. Sheetal Kulgod were present. Dr. Asha Eligar (Patil), gave a talk to nurses regarding infection control, covering topics related to nurses' personal safety and prevention of nosocomial infections in patients, which was followed by lunch. On 14th May 2024: The 7th Monthly meeting of IMA Hubballi branch for the year 2023-2024 was held at Fortune Park, Airport Road, Hubballi. Around 105

members attended the meeting. On 14th May 2024: IMA Hubballi Monthly CME was held at Fortune Park, Airport Road, Hubballi. Dr. Rajashekar C Jaka, Consultant - Surgical Oncologist, Manipal Hospital Whitefield, Bengaluru spoke on Robotic surgery- new revolution and Dr. Deepak Jayaprakash Kaddu, Consultant Urologist, Manipal Hospital Whitefield, Bengaluru spoke on Changing scenario of kidney Transplant in Manipal hospital from Open to Robotic. Around 125 members attended the CME.

**Branch :** Hunsur  
**President :** Dr. Vrushabendraswamy  
**Secretary :** Dr. Keerthikumar



IMA Hunsur branch in association with Apollo BGS Hospital, Mysore conducted CME Program on 24/05/2024 at The Quorum Hotel, Mysore. 48 members attended this program. Topics: (1). "Kidney failure and its management" by Dr.Praveen C, Consultant nephrologist, Apollo BGS Hospital, Mysore. (2). "Introduction to cardiac electrophysiology, approach to palpitations" by Dr.Santhosh K. Consultant cardiac electrophysiologist and interventional Cardiologist, Apollo BGS Hospital, Mysore.

**Branch :** Jamkhandi  
**President :** Dr.H.G.Daddi  
**Secretary :** Dr.Biradar



On 24.04.2024 IMA Health Manifesto Submitted to Sri. Gaddigoudar local MP candidate. On 24. 05. 2024 CME on Advanced cardiac interventions in regular practice by Dr Kiran Chulki ; Bijapur On 25. 05. 2024 Diabetes awareness talk for students of local nursing college.



**Branch :** Kolar  
**President :** Dr.M.Narayana Swamy  
**Secretary :** Dr.Devaraj



A CME was organised on 07-05-2024 by Kolar IMA branch in association with CIPLA Respiratory division. Devaraj N C secretary welcomed the audience. Dr Guruprasad T J associate professor, department of respiratory medicine, Nodal officer NTEP did a presentation on Triple drug therapy in COPD and Asthma. He detailed the common causes Of COPD diagnosis and recent advances in their management. He emphasised on the recent developments in their treatment. He also elaborately discussed the preventive aspects. M. Narayana Swamy Kolar Branch moderated the session. Forty five doctors participated in the CME. There was a Very good interaction between the participants and the speakers. Dr. M. Narayana swamy President IMA thanked the speakers, doctors and the sponsors. A CME was organised on 30-04-2024 by Kolar IMA branch in association with EAST POINT Hospital Bangalore. Devaraj N C secretary welcomed the audience. Dr Saravanan Palaniyappan consultant cardiologist made a presentation on Interesting cases in Cardiology. He presented rare and complicated cases and their management. It was quiet interesting. Dr .Chandrashekar consultant in cardiothoracic and vascular surgery spoke on Cardiac surgery-yesterday, today and tomorrow. He spoke on the history of cardiac surgery in detail, advances in cardiology and their application today. M. Narayana swamy , Dr Anand senior cardiologist Kolar Branch moderated the session. Forty five doctors participated in the CME. There was a Very good interaction between the participants and the speakers. Dr. M. Narayana swamy President IMA thanked the speakers, doctors and the sponsors. Atrocity on doctor at private hospital in kolar: Case details: Mr. Venkataravanappa 32Years was admitted at Hope hospital kolar on 02/04/2024 at 1.26pm. Dr Yeshavanth whitely was the treating doctor and owner of the hospital. He was started on IV Fluid (RL) with IV Pantoprazole 40mg and was given test dose of IV ceftriaxone with Tazobactam .He Developed Hypotension and collapsed .Treated with Adrenaline Inj. Hydrocort, Inj. Deriphylline and cardiac massage and Assisted Ventilation with Ambu Bag. Patient did not respond and died at 2.10pm. (Only 44 min stay at the hospital). Dr Yeshavanth

whitely informed me few minutes before the assault, smelling their behavior; they may cause harm to him and the hospital. I posted the matter in the doctors' group and requested the doctors to come to hope hospital.. Within 15 minutes, 30 of us, reached his hospital Before that the Patients attenders have started abusing the treating doctor Dr.Yeshavanth whitely. Who is a surgeon. They also manhandled him. They caused damage to the hospital, Broke the windows and door shutters. We consoled the doctor. By that time, as I informed SP, he had sent police who controlled the crowd. We all went to police station and filed an FIR against the culprits. Arrested the man who assaulted the doctor. They apologised at the police station and requested us not to file an FIR. But I refused, and told them a message should be sent to the public that what will happen to someone who misbehaves with doctors and insisted for FIR. Next day we called a press meet .Nearly 20 doctors attended. We briefed the media about the incident. And clarified that there was no fault on the part of treating doctor and told them that patient's relatives can't misbehave with medical community. If they have a doubt on the treatment provided by the doctors, they can file a case and ask for justice, but they cannot take law in to their hands and misbehave and assault any doctor. I requested them to give awareness to the society regarding the same.

**Branch :** Koppa  
**President :** Dr.Anitha N. Rao  
**Secretary :** Dr.Sania Sabahi



On 12.05.2024: CME on Anorectal Disorders by Dr Anusha. Attended by more than 40 doctors. Followed by fun games to family members and children. On 18.05.24: Attended the "Hemanth Lasya" cultural event as presiding officer. Dr Anita delivered a lecture on "Music and health" to the public. Sponsored Rs 10000/ for the event. On 21.05.2024: Free Mammography camp was conducted in association with NH Shimoga and Adarsh hospital at Shalini Diagnostics Koppa. 25 Ladies were benefitted.

**Branch :** Kundapur  
**President :** Dr.Pramila Nayak  
**Secretary :** Dr. Mahima Acharya

IMA Kundapura's senior member, Dr H S Malli has demised 2 days back (13.05.2024). He was a senior Obstetrics &

Gynaecologist, writer, nature lover, bird watcher and painter. He was called 'Salim Ali of Kundapura'. He was a multitasking person and given his service through IMA, Rotary Club, Flora & Fauna Club. We wanted to send his work & achievement details to IMA Focus special edition (in which doctors having special hobbies, activities & achievements are given). However, we could not gather information about him earlier due to his health issues and the last date for submission was over. My sincere request on behalf of all our members, to kindly add his details (posthumously though) to the IMA Focus Special Edition

**Branch :** Mandya  
**President :** Dr.T.N.Marigowda  
**Secretary :** Dr.M.Vinay



Dr Marigowda, President IMA Mandya Branch, Dr Vinay, Secretary IMA Mandya branch, Dr Vishveshvariah, Dr Rajashekar and IMA office bearers organized a hypertension detection camp at IMA Mandya branch. About 45 patients were screened and hypertension was detected. Health education was given regarding regular BP checkup and to cut down salt & oil intake and to make a habit of 30 minutes of exercise minimal daily and to manage stress in a healthy way and to avoid alcohol and tobacco. On 18 May 2024: Tobacco users screening camp was done at IMA Mandya branch. Health education was given regarding complications of tobacco products consumption.

**Branch :** Mangaluru  
**President :** Dr.Ranjan.R.K  
**Secretary :** Dr. Avin B R Alva



The Indian Medical Association (IMA) Mangaluru branch, in collaboration with the Youth Red Cross of K.S. Hegde Medical Academy, Mangaluru, observed World Health Day on April 7th, 2024, by organizing a GERIATRIC HEALTH CAMP at Paschim Re-Hab Charitable Trust (R), Someshwara. Approximately 125 patients were examined and given medical advice for their future care. The camp was inaugurated by Dr. Prabha Adhikari, President of IMA WDW. Dr. Avin.B.R. Alva, Secretary of IMA Mangaluru, welcomed the attendees, and Mr. Rohith Sanctus gave the vote of thanks. The event also featured a skit on diabetes, hypertension, and cancer performed by the interns and students of KSHEMA. On April 10th 2024, the Mangaluru branch of Indian Medical Association convened a Press conference to brief the participation of IMA in the Kambala event. On April 12th, 2024, the IMA Mangaluru Branch made its first-ever appearance at the TULUNADU TRADITIONAL KAMBALA SPORTS EVENT. Under the leadership of the IMA Mangaluru Secretary, they introduced Munna and Dhooja, buffaloes representing IMA Mangaluru, forming & quote; Team Avin Alva – Indian Medical Association & quote; The introduction of the buffaloes was graced by Dr. Ranjan R K, President of IMA, and Dr. Avin B R Alva, showcasing their full support for this cherished Tulunadu tradition. The atmosphere at the floodlit & quote; Mulooru – Addoru & quote; jodukere Kambala festival in Mangaluru was electrifying as Munna and Dhooja, expertly guided by jockey Adi Udupi Jithesh, made their debut and impressively reached the quarter-finals on their first attempt. Recognizing the significant impact of doctors' involvement, the organizers expressed their gratitude and honored the IMA Mangaluru for their invaluable contribution. Amidst the festivities, the IMA ensured everyone's safety by setting up a first aid center and coordinating ambulance services with Yenepoya Specialty Hospital, Kodialbail, Mangaluru. The event resonated deeply with the rich folklore of Tulunadu, and participating for the first time was a tremendous honor. The IMA Mangaluru embraced the local culture wholeheartedly while exemplifying their dedication to community well-being. Overall, it was a remarkable day filled with tradition, camaraderie, and a strong sense of mutual care. The IMA looks forward to more such unforgettable moments that enrich lives beyond professional endeavors.

**Branch :** Mundargi  
**President :** Dr.Annadani M. Meti  
**Secretary :** Prakash Hosmani

On: 12-05-2024: "World NURSES DAY" was celebrated by gardening the portrait of Florence Nightingale. Senior staff nurses of TLH Mundargi were felicitated by IMA. A talk was given by one member of IMA about the importance of nurses in health care set up. On 27-12-2023: Central





Council Meeting of IMA HQ held at Trivendram was attended by Dr Annadani Meti. On 31-05-2024: World Anti tobacco Day was observed. On account of the same a movement of picking up the used cigarette pieces and tobacco packets was organised around all hospital premises to create awareness about the tobacco ill effects. On 31-05-2024 on account of school reopening day a talk by Dr Annadani Meti was given at JA English medium school regarding ill effects of junk food, personal hygiene & healthy life style for students.

**Branch :** Raichur  
**President :** Dr. Arun KN  
**Secretary :** Dr. Shree Harsha Patel



IMA in association with A VASANTHKUMAR Abhiman balga Organised voluntary Blood Donation camp at IMA Blood Bank 20 units of Donatied. Medical Officer Dr. Mallika Biradar at IMA Blood Bank staff were Present. On 20-4-24: IMA Secretary Dr. Shree Harsha Patel President Dr. Arun K N Other Staff Senior IMA Members Presented IMA Health Minister Mr. N.S Bose Raj miner irrigation minister and Mr. G. Arun Nayak Congress MP Candiate for Lokha sabha Raichur 2024 Pressed for implement of Doctor's Demands if come to Favour

**Branch :** Ranebennur  
**President :** Dr. Praveen Khannur  
**Secretary :** Dr. Virupakshappa.T.K

IMA WDW, Ranebennur celebrated 'International Nurses day' on 12.05.2024 at IMA hall. Inauguration of function done by IMA secretary Dr. Puttaraju. Conducted quiz



competition, fun games competition for nursing staff. Prizes were distributed to the winners. Felicitation was done to the sponsors of the program Dr. Ravi kumar was quiz master. Nurses gave entertainment programs by dancing and singing around 75-80 nurses participated in the program. Program ended with dinner and return gifts to nurses.

**Branch :** Shimoga  
**President :** Dr. Ramesh C  
**Secretary :** Dr. Aravindan R



On 27-04-2024: DATTHI UPANYASA KARYAKRAMA: The kannada doctor literature wing had done an datthi upanyasa karyakrama on this day which was attended by many of our members including president and secretary. Dr. Veena gave a talk on female featicide which was very well appretiated by all. On 16-05-2024: WOMENS DAY CELEBRATIONS: Our womens wing in association with ima did a meaningful and beautiful program. The speech and painting about the mothers of the medical students, the singing of our doctors all soothed every ones heart. On 16-5-2024: IMA PULSE RELEASE: The bi annually literary presntation pf our ima was released on this day. 40 pages issue has been well written by around 15 doctors and it includes our ima report and notification on winners of sports events.

**Branch :** Sullia  
**President :** Dr. Veena  
**Secretary :** Dr. Ravikanth Goudar.G.O

On 24/04/2024: A webinar was conducted on over view of oral cancer treatment. On 27/04/2024 Dr. Veena was felicitated with a charity lecture sponsored by the Welfare





Trust. Madam spoke heartily on "Prevention of Female Foeticide - Our Responsibility" On 17/05/2024 A CME was conducted on New Era of treatment on Diabetes by Dr. Venkata Krishna.

**Branch :** Tumkur  
**President :** Dr.S.V.Rangaswamy  
**Secretary :** Dr.G.Mahesh



On 29-4-2024, Dr Rangaswamy H V, President and Dr Mahesh G secretary attended state council meeting at Bhadravathi, Shimoga Dist. On 12-5-2024 CME programme was conducted. In association with Fortis Hospital Bannerghatta, Bengaluru.. Topic: "Neuro surgery, neuro modulations and advances in spino surgery" by Dr. Rajakumara Deshapande, Dr Murali Krishna, Dr Raghuram and Dr.Guruprasad Hosurkar. Around 60 members attended the CME. On 18.05.2024 CME conducted in co-ordination with Vasan Eye care and Tumkur Ophthalmol Association and IMA Tumakuru on Diabetic Retinopathy & Overview of Glaucoma, Overview of Refractive Surgery and Cataract & Advances in ophthalmology. As speakers Dr Sandhya E S, Dr S M Kousar and Dr Smitha P Deagirkar were present. Around 80 members attended the CME. On 17.05.2024 at Mavinahalli PHC, Gubbi Taluk Hypertension day conducted in Mavinahalli PHC, Dr Mahesh G, Secretary, IMA Tumakuru led the program. Villagers actively participated.

**Branch :** Udupi-Karavali  
**President :** Dr.Rajalakshmi  
**Secretary :** Dr.Archana Bhaktha

On 21/04/2024: CME programme was conducted. Dr Harish spoke on Adult vaccination Dr Sudeep Shetty spoke



on pre and post exposure Rabies vaccination Dr Jaspreet Singh spoke on Navigating challenges in Endovascular surgeries Dr G S Chandrashekhar spoke on recent guidelines in management of type II diabetes mellitus. Attended by 90 members. The members who qualified to quarter finals and semi finals of IMA KSB Swaranjali and Dr Vijaya Kumar Shet winner of IMA KSB Swaranjali were felicitated. On 24.04.2024: Awareness session on Women wellness for women employee of Manipal technologies. Dr Indira Shanbhag spoke on Cancers in women Dr Rajalakshmi spoke on Menopause Dr Archana Bhaktha coordinated the sessions. On 30.04.2024: webinar Dr Rajalakshmi presented a keynote address on Empowering women ensuring health in the webinar on safe motherhood day organised by IMA KSB in association with WDW. On 03.05.2024: unique session on Mesmerizing Art and Science of Magic. IMA UK in association with the women doctors' wing arranged a unique session on Mesmerizing Art and Science of Magic by world renowned magician Junior Shankar on 03/05/24 for the children of IMA members It was an interactive session where Junior Shankar gave insights to popular magic tricks and also taught some tricks to the kids. On 04.05.2024: Awareness session. IMA UK along with Women Doctor's Wing and Dr AV Baliga hospital organized awareness session on Cancer screening for women and HPV vaccination for the inmates of Bhandu day care center and Abhaya rehabilitation centre Dr Rajalakshmi spoke on screening for breast and Cervical Cancer while Dr Indira gave information on HPV vaccination Secretary Dr Archana Bhaktha and Past President Dr PV Bhandary were present on the occasion. On 04.05.2024: Art workshop IMA UK in association with WDW conducted a face painting and tattoo art workshop on 04/05/2024 for children of IMA members Dr Janardhan Havanje renowned Kavi artist was the resource person.

**Branch :** Yadgiri  
**President :** Dr Bagwant Anwar  
**Secretary :** Dr Vaijanath Duggani

IMA YADGIR in association with District Health and Family Welfare Department conducted CME on Latest TB guidelines (NTEP) for all doctors registered under KPMEA. Dr Sanjeev Raichurkar (District TB Elimination Officer



Yadgir) gave exclusive talk on aims, objectives of NTEP. Sir also stressed upon daily reporting New TB cases to department. Sir also spoke on drug resistant TB, newer TB drugs. Dr Bagwant Anwar (IMA President) gave presidential address, Dr Vaijanath Duggani (IMA Secretary) gave vote of thanks. Copies of latest TB guidelines distributed to all doctors.

**Branch :** Yelahanka  
**President :** Prof. Dr. Pavankumar. M  
**Secretary :** Dr Shylakumar



On 19.04.2024 IMA Yelahanka started the month of May with labour Day, Mother's Day, international Nurses day and world hypertension day. We celebrated many of them in different way with the active participation of our members we conducted CME in association with MANIPAL HOSPITAL HEBBAL at ROYAL ORCHID HOTE. PROGRAMME was follows 1. IMA prayer by Dr Shanthala Girish, 2. Welcome Guests and president IMA to Dias by Dr Shylakumar HK secretary, Guest speaker Dr Irfan khazi javeed spoke about non communicable diseases and its burden on society and slow progress lead to morbidity and mortality at the later stages. Dr. P.S.Venkatesh Rao, senior consultant Endocrine surgery spoke about thyroid and para thyroid surgeries with beautiful slides after CME Unveiling of monthly NEWSLETTER by president done and he spoke about the Importance of health, NANNA AROGYA NANNA HAKKU and introduced newly enrolled members to IMA group. On the occasion of WORLD HEALTH DAY Dr. Shobhapraksh spoke about the importance of world health day programs and doctors should take of their health and giving awareness to public about NCD and to

practice healthy lifestyle IMA YELAHANKA led by Prof. Dr. Pavankumar, Dr. Karunakar, Dr. Shobha prakash, Dr. Venkatesh, Dr. Krishnanaik, Dr. Dayanand, Dr. Gnanaprakash, Dr. Jagannath has met BJP and CONGRESS MP CANDIDATES of CHIKKABALLAPUR AND BANGALORE NORTH. SUDHAKAR, RAKSHA RAMAIAH, SHOBHA KARANDLAJE and RAJIV GOWDA. They were given IMA HEALTH MANIFESTO and appraised them about the need to revamp HEALTH SECTOR and suggestions from our side. This is the beginning so that IMA has made an impression among politicians and public. This campaign is being carried out throughout the country by IMA. To pursue further will meet the winning parliamentarians and try to influence the policy makers for a HEALTHY SOCIETY. IMA Yelahanka conducted Kannada Kalarava - Kannada vaidya barahagarara Sangha live online zoom program on 28/04/2024. The program was started with Barisu kannada dimdimava song by IMA Yalahanka women's wing Secretary Dr. Archana Muralidharan IMA Yelahanka President Dr. Pavan kumar delivered welcome speech, explained present IMA activities and IMA Yelahanka Kannada Kalarava Past IMA Yelahanka President Dr. Shanakar Narayan spoke about IMA Yalahanka Nadedu Banda hadi. IMA Yelahanka Secretary spoke about :ಯಲಹಂಕ ಚರಿತ್ರೆ ಮತ್ತು ವಾಸ್ತವ : IMA Yelahanka Doctors

presented entertainment program Dr. shreedhar presented - Rannana Gadayuddha Ayda padyagala vachana vykhyana. Dr. Pavan kumar and Dr. Jagruthi presented their poems in Kavogoshthi @ Master. Samrudh did Monoacting of Mamateya Manthare - Shree Ramayana Darshanam. Dr. Rekha Prasad sung Enithu inidu ee kannada nudiya. Dr. Akshay Hari sung the song- Ide Nadu ide bhashe. IMA Tresurer Dr. Krishna Naik delivered vote of thanks Meeting was graced by Dr. Veena N. Sulya - President Kannada vaidya barahagarara samithi. Program was well appreciated. A Free Medical Camp was conducted by IMA CGP of our branch on 01-05-2024 between 08-00 AM to 12-00 Noon at Lake View Hospital Kenchenahalli Yelahanka, on the occasion of " International Labour Day" A total of 45 workers and Labourers from the neighborhood were screened and treated for various Disorders and Awareness was advocated regarding safety and occupational health of the Labourers and Domestic workers... It was attended by many of our EC Members and Office bearers and led by our President Prof Dr M Pavan Kumar. It was a very successful event and a feather in the cap of IMA CGP chapter of our branch. It was attended by Dr Dayananda Chairperson IMA CGP & Dr Krishna Naik, Secretary IMA CGP We conducted EC meeting on 8/5/24 at Attide Hotel sponsored by Manipal hospital, meeting started with IMA prayer by Dr Nalina vice president. Welcome speech by Secretary Dr Shylakumar. Dr Krishnanayak our Treasurer presented last month income and expenditure statement it was approved by EC Progress report by president Dr Pavankumar state council meet attended by Dr Shankarnarayan and iMA Yelahanka hosted Kannada

kalarava and it was very successful programme and CGP wing conducted health camp to labourers on May 1st labours day camp was successful event and CME on 24th of this month planting trees was discussed and planned to do the activity with NGO medicon update by organising secretary Dr .K.G.Shankarnarayan and so for we have registered 200 delegates and he requested all the EC members to enroll more doctors and actively participate in Medicon preparation work and EC meetings. Dr Subraya suggested to have uniform IMA logo in allopathy clinics and hospitals it was discussed and need some more time to take final call Mini CME following meeting guest Speaker Dr Srinivas Medical Gastro spoke about recent advances in diagnostic imaging and technology in Gastrointestinal diseases. We all busy in Medicon 90 & request all the members across Karnataka to join hands with IMA Yelhanka Branch make it successful Come up with more information about our branch activities in the coming months. ಕಾದಿರುವ ಕಡಲಂತೆ... ಸೇರು ಬಾ ನದಿಯಂತೆ... ಬರಲು ನೀ ಮಳೆಯಂತೆ ... ಕುಣಿಯುವ ನಾ ನವಿಲಂತೆ..... ಮಳೆ ಬಂದು ನಮ್ಮೆಲ್ಲರ ಮನಸಿಗೆ ತಣಿಸಿದೆ .... ನಮ್ಮಸ್ಮಾರಕಗಳು.

**Branch : Sirsi**  
**President : Dr.G.V.Madhukeshwara**  
**Secretary : Dr.Suman Hegde**

On 11.05.2024 Monthly camp for Juvenile diabetics by IMA



and Rotary was held at Mahalaxmi Memorial Hospital. 22 patients were benefited. They were given free medicines and insulin. There were 44 admissions at IMA Rotary NICU at PG Hospital and were treated successfully. Totally 300 units of blood including whole blood, packed cells, platelets and plasma were issued to the needy patients at PG hospitals IMA blood bank. We had a meeting and discussion about registration of our club for GST. Auditor Vinay took the session and we had active participation from our members. On 27.04.2024 A CME was held by Institute of laparoscopy and gastroenterology Hubli. Dr Lakshmikanth Desai spoke on endoscopic ultrasound - Diagnostic and therapeutic indications. Dr Krishnamurthy Raysad gave a talk on Healthy lifestyle at swarnavali math on 5th of May.

## ಭಾರತೀಯ ವೈದ್ಯಕೀಯ ಸಂಘದ ಪ್ರಾರ್ಥನೆ

ಎಲ್ಲರೂ ಸಂತೋಷವಾಗಿರಲಿ,  
 ಎಲ್ಲರೂ ಆರೋಗ್ಯವಾಗಿರಲಿ,  
 ಎಲ್ಲರೂ ನೋವಿನಿಂದ ಮುಕ್ತವಾಗಿರಲಿ,  
 ಎಲ್ಲರೂ ದುಃಖದಿಂದ ಮುಕ್ತವಾಗಿರಲಿ,  
 ಎಲ್ಲಾ ಆಸೆ ಆಮಿಷಗಳನ್ನು ಮೀರಿ  
 ಗುಣಪಡಿಸುವವರು ನಾವಾಗಿರಲಿ.



## IMA PRAYER

May everybody be happy  
 May everybody be healthy  
 May everybody be free from pain  
 May everybody be free from sorrow  
 May we be the healing cure  
 Beyond every greed & lure

## ಧ್ವಜ ವಂದನೆ

ಭಾರತೀಯ ವೈದ್ಯಕೀಯ ಸಂಘದ ಸದಸ್ಯರಾದ ನಾವು ನಮ್ಮ ರಾಷ್ಟ್ರಧ್ವಜಕ್ಕೆ ವಂದನೆ ಸಲ್ಲಿಸಲು ಇಲ್ಲಿ ನಿಂತಿದ್ದೇವೆ.  
 ಅದರ ಗೌರವ ಮತ್ತು ವೈಭವವೇ ನಮ್ಮ ಬೆಳಕು ಮತ್ತು ಶಕ್ತಿ ಮತ್ತು ಅದರ ಪಥವೇ ನಮ್ಮ ಪಥವು.  
 ಈ ರಾಷ್ಟ್ರೀಯ ಸಂಸ್ಥೆಯ ಮಾನ್ಯತೆ ಪಡೆದ ಸದಸ್ಯರಾದ ನಾವು ನಮ್ಮ ಜವಾಬ್ದಾರಿಗಳನ್ನು  
 ಅರಿಯುವ ಮೂಲಕ ಅದಕ್ಕೆ ನಮ್ಮ ನಿಷ್ಠೆಯನ್ನು ತೋರಿಸುವ ಪ್ರತಿಜ್ಞೆ ಮಾಡುತ್ತಿದ್ದೇವೆ.  
 ದೇಶಸಮೂಹಗಳ ನಡುವೆ ನಮ್ಮ ರಾಷ್ಟ್ರಧ್ವಜವು ಉನ್ನತ ಮಟ್ಟದಲ್ಲಿ ಹಾರಾಡುವ  
 ಸಲುವಾಗಿ ನಮ್ಮ ಅಧಿಕಾರದಲ್ಲಿರುವ ಎಲ್ಲವನ್ನೂ ಅದಕ್ಕೆ ಸಮರ್ಪಿಸುವ ಪ್ರಮಾಣ ಮಾಡುತ್ತಿದ್ದೇವೆ.

ಜೈಹಿಂದ್

ಐ.ಎಂ.ಎ. ಚಿರಾಯವಾಗಿರಲಿ



## President visit to various Branches



Hunsur



Mandya



Mysuru



Sullia



Putturu



Virajpet



Madikeri



## “Every run is a work of art, a drawing on each day's canvas”

- Dr. Madhusudhana Kariganuru, Siraguppa

It was in the year 1987 and our early days in the Government medical college of Bellary. I was a localite and often used visit college campus to meet hostelries. It was on a Sunday as I went there; two of our classmates were getting ready for a running competition. It was a real puzzle for me as medical college students are traditionally regarded as bookworms and physically not strong. Both of them were getting ready for running 10 kilometres marathon starting from Royal theatre covering Durgamma temple ,round the monolithic rock and back to royal theatre. They are none other than **Dr.Hanumantharaju.B.K** now a well known Urologist of Bengaluru and Dr.R.N.Malavegowda now a well known Orthopaedic Surgeon of Ramanagara. As I struggled to follow them on my bicycle they easily completed this task very easily! Kudos to their stamina....

It is a long journey of 37 years our professional life but still both of them have nurtured their sports passion wherein Dr.R.N.Malavegowda chose cycling and Tennis and Dr.Hanumantharaju.B.K, long distance running.

Born in 1969 at Nelamangala Dr.Hanumantharaju.B.K had his studies at Jindal public school and MES College, Malleshwaram of Bengaluru. During school days he was very active in athletics, particularly in long distance running of 1500 and 5000 meters. During these days he has won in much state level interschool competitions.

For practise purpose he used to run from his home to school covering 11 kilometres from Nelamangala to Jindal and used to send his books and uniform along with his brothers, who were studying in the same school. He was a good Kabaddi and Kho-Kho player also. During this period he was also chosen to participate in RD NCC parade (1987) in Delhi from Karnataka and Goa.

He has won gold medals in 800 ,500 and 5000 meters in state level inter medics held at St John's medical college in 1988 - 1989 and represented Gulbarga University in marathon and Kho-Kho. Under his tenure as the sports secretary of the students union many sports events were held at our Bellary Medical College.

His main inspiration for his passion for long distance running was his P.T master in his school days who used to make them to run up to a hill behind an school for about 10 kilometres on Saturdays. Now this hill has been taken over by the Indian Air force.

After his MBBS from Govt medical college Bellary from 1987 to 1993 he did his M S General Surgery in JSS Medical college Mysore and DNB urology in Apollo Hospital

Chennai. He worked as Assistant professor in JSS Medical Collage and then shifted to Bangalore, Adichunchanagiri Medical College and then to Rajarajeshwari Medical College as a Urologist. At present he is attached to Kempegowda Hospital Bangalore and has his own Urology Centre - Rajajinagar Kidney Care Hospital. He is also visiting consultant in few Hospitals in West Bangalore.

Even with his busy professional schedule he continues to run long distances. It was bit of an initial struggle in Bangalore and now with a decent professional life he again started running practice. He has run many half marathons, 3 full marathons (Bangalore and Mumbai) and two trail runs of 33 kilometres at Malnad and Vagamon Cochin. He will be running 12 hours stadium run is July 2024 wherein he will covering 65 kilometres

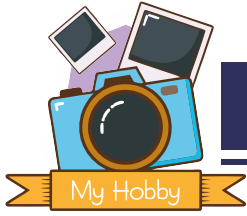
When asked about the secret about his passion He says “The more I run, the more I love my body”. In spite of his busy urology practise, he will try to make time to run at least 5 kilometres and on the free days and Sundays he will 15 - 20 kilometres with his Urology colleagues. He is fortunate enough to have good Urology group who run together on Sunday in Cubbon park and participate in Marathons held all over India.

When asked about his advice for young doctors, he says Health is wealth and he requests all the doctors to make time for some physical activities to keep themselves fit and healthy. He has motivated many doctors, friends to start physical activities like running, cycling, swimming.

He is part of a running group in Bangalore called Run addicts (Rajarajeshwari Nagar). They advise everyone regarding running and practice schedule for marathons. It is a non profit and non commercial organisation dedicated to promoting fitness and rural education. The money they get from registration will be utilised to buy books, tables, chairs for children in rural areas. Interested can join the group for advice regarding running and fitness.

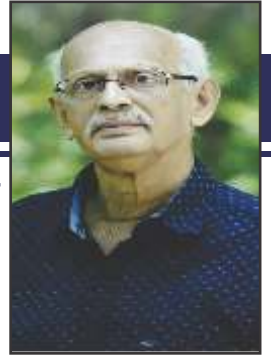






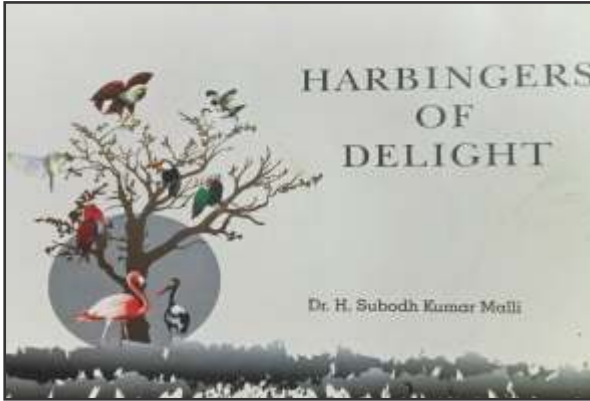
## 'One Man Show'

- Dr H S Malli, Kundapur



Dr H. Subodh Kumar Malli was professionally a doctor, specialized in Obstetrics and Gynaecology. Born in Mangaluru on 23.01.1945, had his early education there. Did his medicine from Mysore Medical College and Post-graduation in Kasturba Medical College Manipal (Mangaluru). After working abroad for a few years, he established a Nursing Home at Kundapura. His first love was Nature and Wildlife. He was an ardent Bird watcher, loves to trek and travel. He founded a nature club called 'Flora and Fauna' club with his friends. They conduct awareness programs for school children every year.

He was a member of Rotary Club for more than 30 years. He is also a medical officer in the local Red Cross Society. His other hobbies are painting and photography. He held a 'One Man Show' of his paintings a few years back. He has written many articles about health, nature and life which were published in Kannada weekly Newspaper 'Suddi Mane'. These articles were combined and published as Kannada book named 'Hani Hani'. His another major book on birds is 'Harbingers of Delight' published in 2021.







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(During MEDICON 2024)

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**For details contact -**

**Dr Rama Shankar - 9980809760**

**Dr Sarala Munegowda - 99808 55371**

## **Criteria -**

- Open to members of IMA Karnataka only (membership proof to be submitted)
- Registration for Conference compulsory
- No Entry fee for the Exhibition
- Maximum of 2 entries per member
- Size of each entry - Maximum of 3ft x 3ft
- Proceeds of sales to individual members only.
- Exhibition will be curated by Mr Manik Rao Patil , MFA , BFA.
- Organizers decision will be final



**90<sup>th</sup> MEDICON  
2024**

**25th - 27th October, Bengaluru**

**Venue : Reva University, Yelahanka, Bengaluru**

**SCAN QR CODE  
TO REGISTER**





# 90<sup>th</sup> MEDICON 2024

IMA Karnataka State  
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Host - IMA Yelahanka Branch



25th - 27th  
October, 2024



Venue :  
**Reva University**  
Yelahanka, Bengaluru



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Till April - 30th 2024	Rs. 5,000	Rs. 9,000	Rs. 3,000	Rs. 3,500
1st May - 30th June 2024	Rs. 6,000	Rs. 11,000	Rs. 4,000	Rs. 3,500
1st July - 24th Oct 2024	Rs. 7,000	Rs. 12,000	Rs. 5,000	Rs. 3,500
SPOT Registration	Rs. 8,000	Rs. 14,000	Rs. 6,000	Rs. 3,500

Signature



IMA KSSS



## IMA'S KARNATAKA SOCIAL SECURITY SCHEME

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<https://www.imakssshubli.org>

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Age in Yrs	Below 30	Betwn 31-35	Betwn 36-40	Betwn 41-45	Betwn 46-50	Betwn 51-55	Betwn 55-60
Fee for Existing old Scheme	Rs. 17700/-	Rs. 18200/-	Rs. 18700/-	Rs. 28700/-	Rs. 31700/-	Rs. 36700/-	Rs. 44700/-
Fee for Silver Jubilee Scheme	Rs. 20700/-	Rs. 22700/-	Rs. 24700/-	Rs. 31700/-	Rs. 38700/-	Rs. 47200/-	Rs. 57700/-

**It Includes Subscription, Registration, Membership Contribution, AFC & in Silver Jubilee Scheme Includes Group Accident Benefit**

**\*IMA KSSS New Membership Tariff Effective from 01-04-2023\***

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## IMA KARNATAKA PROFESSIONAL PROTECTION SCHEME (R)

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Reg. No.DRB-2/SOR/179/2019-20

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- All the existing members will be upgraded to New Scheme after receiving the new application and request letter after adjusting the balance payment.
- The cause of Action must be in the period of active membership for all claims.
- Membership becomes effective from the Date of realization of Cheque or DD In favour of IMA KPPS.
- All operational modalities will be as per registered Bye-Laws of IMA's Karnataka Professional protection Scheme.

### FEE DETAILS-From 01-10-2023

#### a) Fee details for the 1st year (admission contribution)

Admission fee	Rs. 100/-
Annual subscription Fee	Rs. 2000/-
Advance fraternity contribution	Rs. 1000/-
<b>Total</b>	<b>Rs. 3100/-</b>
<b>GST 18%</b>	<b>Rs. 600/-</b>
<b>Grand Total</b>	<b>Rs. 3700/-</b>

#### b) Fee details for subsequent years

Annual subscription fee	Rs. 500/-
Demand fraternity contribution	Decided and intimated that year *
GST 18% on the demanded amount	

\*Amount paid towards financial assistance given to the members and Legal expenses in that financial year is equally divided and collected through Demand notice sent to each members as demand fraternity contribution every year in the month of April.

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M. 9448118299

**Dr. N. Dhanapala**

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M. 9342161266

**Dr. J. Sharanappa**

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### Scan to download Membership application forms



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Age in Yrs	Admission Fee. For members / Spouse / Parents / Children (AF)	Annual Membership Subscription (AMS)	Annual Advance Premium Contribution (AAPC)	Total Amount. During Admission including 18% GST at the time of joining (1st Year)	Annual premium including 18% GST to be paid irrespective of Insurance claim (2nd Year onward) AMS+AAPC
Children Below 25 Yrs	Rs. 700.00	Rs.500.00	Rs.2500.00	Rs. 3700.00 + 666 = 4366	3000 + 540 = 3540/-
Below age of 35 Yrs But above 25 Yrs	Rs. 700.00	Rs.500.00	Rs.3500.00	Rs. 4700.00 + 846 = 5546/-	4000 + 720 = 4720/-
Below age of 45 Yrs But above 35 Yrs	Rs. 1000.00	Rs.500.00	Rs.4500.00	Rs. 6000 + 1080 = 7080/-	5000 + 900 = 5900/-
Below age of 55 Yrs But above 45Yrs	Rs. 1650.00	Rs.500.00	Rs.5500.00	Rs. 7650.00 + 1377 = 9027/-	6000 + 1080 = 7080/-
Below age of 65 Yrs But above 55Yrs.	Rs. 2350.00	Rs.500.00	Rs.6500.00	Rs. 9350.00 + 1683 = 11033/-	7000 + 1260 = 8260/-
Below age of 75 Yrs But above 65Yrs	Rs. 3100.00	Rs.500.00	Rs.7500.00	Rs. 11100.00+ 1998 =13098/-	8000 + 1440 = 9440/-
Below age of 85 Yrs But above 75Yrs	Rs. 3800.00	Rs.500.00	Rs.8500.00	Rs. 12800.00 + 2304 = 15104/-	9000+ 1620 = 10620/-

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- All the Regular members and beneficiary members below the age of 60 on joining shall have the benefit of the scheme after 12 months of joining the scheme.
- All the Regular members and beneficiary members above the age of 60 on joining shall have the benefit of the scheme after 24 months of joining the scheme.
- NO CASHLESS SERVICE (Members have to pay their bills themselves & claim later). It is a reimbursement.
- No advance payment will be made to the members.
- Members will be given reimbursement of 75% of total amount of the bill not exceeding the sum limited to each disease.
- If the benefit is not claimed in an academic year the benefit amount in total or any percentage will not be carried over to the subsequent years.
- A member will get a maximum of benefit of Rs.2 Lakhs in one year.

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- Insurance / Corporate
- Doctor Schedule
- Prescription
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- Basic Lab
- Financial Reports

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- Discharge Summary
- Financial Reporting
- Additional Charges based on Service and Modules

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9000
10000

### HOSPITAL PLUS

#### FEATURES

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- Basic IPD
- Basic Labs
- Discharge Summary
- Financial Reporting
- Additional Charges based on Service and Modules

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9000.00
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### HOSPITAL PRO

#### FEATURES

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- Discharge Summary
- Financial Reporting
- Additional Charges based on Service and Modules

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#### Plus GST

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